

**THE ACADEMY FOR
SPIRITUAL FORMATION IS:**

- **A disciplined Christian Community emphasizing holistic spirituality - nurturing body, mind and spirit. Intended for both clergy and laypersons who hunger for rich spiritual experiences.**
- **A retreat following the rhythm of study, prayer, rest and community.**
- **A setting where morning and evening prayer and Holy Communion frame each day.**
- **A place to rediscover Christianity's rich, spiritual heritage through worship, learning, and fellowship.**
- **A time and space for learning, discerning, and sharing our spiritual journeys with others.**
- **A time of learning new ways to deepen our relationship with God and learning how to live as faithful witnesses of God's love in this world.**

THE LOCATION

TRINITY CENTER: *at the beach and on the sound!*

The Trinity Center is the perfect location for retreat, situated in a 62-acre pristine maritime forest, with incomparable views and access to both the Bogue Sound and Atlantic Ocean. Take leisurely walks, rock on the large porch, or rest in comfortable individual hotel-style rooms with private baths and adjacent lounge area. Delicious home-cooked meals (served buffet style), comfortable and handsome meeting and worship spaces, large live-oak trees, marshes, and the beauty of ocean waves and the sound make this the ideal setting for a transforming journey. Ask anyone who has attended Academy at The Trinity Center or visit their web site at www.trinityctr.com

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UPPER ROOM AND THE NORTH
CAROLINA ANNUAL CONFERENCE
OF THE UNITED METHODIST
CHURCH**

North Carolina 5-Day Academy Team:

Reverend Lib Campbell
Jeanette Cooper
Dr. Irene Brownlee
Tom Campbell
Jim Carver
Robin Harry

**2010
North Carolina
Five-Day Academy
for
Spiritual Formation**



**October 17-22, 2010
Trinity Center
Atlantic Beach, NC**

THE FACULTY

Kathryn Damiano

Kathryn is a Quaker and life-long contemplative. A teacher of in-depth spiritual life studies and retreat leader, her ministry is working for peace and justice through spiritual formation. Kathryn has been a spiritual director for 25 years and has served in this capacity at Pendle Hill, a Quaker center for study and contemplation. She co-founded The School of the Spirit, a two-year offering, similar to the Academy. Her formal training consists of a Master of Divinity from United Theological Seminary (United Methodist), a Masters in counseling psychology, an internship in spiritual direction at the Jesuit Renewal Center, and a Ph.D. in spiritual theology. Kathryn moved from Philadelphia to Wichita, Kansas 9 years ago to join the Friends of Jesus Community. Their ministry was living in a low-income area of the city to be a presence to promote interracial reconciliation.



Don Saliers

Educated at Ohio Wesleyan, Yale Divinity School and Cambridge, Don received his doctoral degree from Yale. He is the Wm. R. Cannon Distinguished Professor of Theology and Worship, Emeritus, at Emory University's Candler School of Theology. For over 33 years he was organist/choirmaster at Emory University's Cannon Chapel, and has contributed to the United Methodist Hymnal, The Book of Worship, and to the recent Upper Room Worshipbook. Don preaches and leads retreats across the country. He was one of the founders of the Academy for Spiritual Formation and has authored 15 books, including Filled with Light, Music and Theology, Worship As Theology: Foretaste of Glory Divine, and Worship Come To Its Senses. In 2005 he co-wrote A Song to Sing, A Life to Live, with his daughter Emily who is one-half of the Grammy-Award winning Indigo Girls.



THE DAILY RHYTHM

❖ **BEGINS SUNDAY, OCTOBER 17, 2010**
Registration will begin at 4:00pm
Dinner and orientation at 6:00pm

❖ **EACH DAY MONDAY - THURSDAY**
The rhythm of the day is embraced by morning and night prayer, and enriched with daily Eucharist. Faculty presentations are given each morning and afternoon, followed by silence for individual reflection and then group response time. Covenant groups offer time for sharing our spiritual journeys. Ample free time for rest and recreation is also provided.

❖ **CONCLUDES FRIDAY AFTER LUNCH**

COUPLES WELCOME

The Academy welcomes couples who wish to experience retreat, renewal, and spiritual formation together. Special tuition reductions are available for a limited number seeking double occupancy.

Continuing Education Units (3) will be granted by the General Board of Discipleship upon request at the Academy.

THE COST

Registration fee includes meals, lodging, lectures and materials. Early bird registration prior to May 1, 2010 is \$665. After May 1, registration is \$715. Register by completing the attached Registration Form and paying the Academy cost-in-full or by submitting a \$50.00 non-refundable deposit. Payments non-refundable after August 15. The remaining balance is due in equal installments on July 15th, August 15th and September 15th.

FOR ANSWERS or TO REGISTER

Call Robin Harry at 919-832-9560, ext. 252, or email at rharry@nccumc.org

REGISTRATION FORM	
The Five Day Academy for Spiritual Formation October 17-22, 2010	
Name: _____	Phone () _____
Address: _____	City _____ St. _____ Zip _____
Gender (M/F) _____	Laity or Clergy _____ Church Name _____ District _____
Name on name tag _____	E-Mail _____
Special housing or dietary needs _____	
Desire CEU information _____	
Please return this form with a \$50.00 deposit fee or the Academy payment-in-full.	
For conference use only: #309-4850.000-6020-0601	
Make checks payable to: North Carolina 5 Day Academy Mail to: Robin Harry NC Conference UM Church P.O. Box 10955 Raleigh, NC 27605	

